

CORNWALL AAA RANKINGS SEPTEMBER 1990

MINORS

| no | name | club | perf | venue | date | no | name | club | perf | venue | date |
|---------------------|--------------------|---------|--------|----------|-------|--------------------|--------------|--------|--------|----------|------|
| 100m | | | | | | 200m | | | | | |
| | | CR *** | 13.2 | | | | | CR *** | 27.4 | | |
| 1 | V. Brown | N/P | 13.8 | Par | 7Jul | 1 | L. Mathews | CAC | 28.9 | C. Brea | 15Ju |
| 2 | L. Mathews | CAC | 13.9 | C. Brea | 5Aug | 2 | V. Brown | N/P | 29.2 | Plymouth | 5Ma |
| 3 | L. Mourant | CAC | 14.3 | C. Brea | 5Aug | 3 | T. Cothey | CAC | 29.6 | Yeovil | 26Ma |
| 4 | T. Cothey | CAC | 14.4 | Par | 10Jun | 4 | L. Mourant | CAC | 29.9 | C. Brea | 5Au |
| 5 | S. Bray | R. LAND | 14.7 | C. Brea | 15Jul | 5 | A. Morris | CAC | 30.6 | C. Brea | 15Ju |
| 6 | T. Chard | POL | 14.8 | Par | 7Jul | 6 | J. Glossop | N/P | 31.5 | Par | 10Ju |
| 7 | T. Tregunna | N/P | 14.9 | Plymouth | 30Jun | 6 | G. Webb | CALL | 31.5 | Par | 7Ju |
| 7 | C. Cowling | WADE | 14.9 | Par | 7Jul | 8 | K. Thorne | BUDE | 31.6 | Par | 7Ju |
| 9 | N. Allen | N/P | 15.0 | Plymouth | 30Jun | 9 | K. Kendall | N/P | 31.7 | Yeovil | 27Ma |
| 10 | C. Cheetham | POL. S | 15.1 | Par | 20May | 10 | T. Tregunna | N/P | 31.8 | Plymouth | 8Ju |
| 10 | G. Booth | R. LAND | 15.1 | C. Brea | 15Jul | 10 | K. Callaghan | A. BEN | 31.8 | C. Brea | 15Ju |
| 800m | | | | | | 1500m | | | | | |
| | | CR *** | 2-22.9 | | | | | CR *** | 5-00.8 | | |
| 1 | L. Howells | CAC | 2-31.0 | Par | 7Jul | 1 | A. Bolton | N/P | 5-10.2 | Swansea | 26Au |
| 2 | A. Bolton | N/P | 2-40.0 | Yeovil | 19Aug | 2 | J. Glossop | N/P | 5-34.3 | Par | 10Ju |
| 3 | A. Morris | CAC | 2-41.9 | C. Brea | 5Aug | 3 | J. Fenn | N/P | 5-35.7 | Braunton | 17Ju |
| 4 | N. Allen | N/P | 2-42.7 | Plymouth | 5May | 4 | M. Brown | CAMB | 5-38.4 | Par | 7Ju |
| 5 | R. Duckham | CAC | 2-42.8 | C. Brea | 5Aug | 5 | B. Alcock | LAC C | 5-42.1 | Par | 7Ju |
| 6 | T. Cothey | CAC | 2-43.1 | Par | 16Sep | 6 | K. Kendall | N/P | 5-42.7 | C. Brea | 15Ju |
| 7 | N. Tinn | R. LAND | 2-46.2 | C. Brea | 5Aug | 7 | N. Allen | N/P | 5-46.4 | Braunton | 5Au |
| 8 | V. Brown | N/P | 2-46.7 | Par | 16Sep | | | | | | |
| 9 | E. Tugwell | CAC | 2-47.4 | Par | 16Sep | | | | | | |
| 10 | R. Cock | PENR | 2-48.4 | Par | 7Jul | | | | | | |
| 4x100m Relay | | | | | | 70m Hurdles | | | | | |
| | | CR *** | 57.3 | | | | | CR *** | | | |
| 1 | Penair School | | 59.9 | Par | 7Jul | 1 | T. Tregunna | N/P | 14.3 | Plymouth | 8Ju |
| 2 | Liskeard School | | 60.8 | Par | 7Jul | 2 | L. Bolton | N/P | 15.0 | C. Brea | 22Ap |
| 3 | R. Lander School | | 60.9 | Par | 7Jul | 3 | N. Allen | N/P | 15.1 | C. Brea | 22Ap |
| 4 | Newquay/Par AC | | 61.4 | C. Brea | 15Jul | 4 | J. Isbell | N/P | 15.2 | C. Brea | 2Se |
| 4 | Cornwall AC | | 61.4 | C. Brea | 5Aug | 5 | E. Lambert | N/P | 16.7 | C. Brea | 2Se |
| 6 | Redruth School | | 65.7 | Par | 20May | 6 | J. Fenn | N/P | 16.9 | Par | 8Ap |
| 7 | ARCH. BEN School | | 65.9 | C. Brea | 15Jul | 7 | K. Robinson | N/P | 17.2 | Par | 8Ap |
| 8 | Tolcarne School | | 66.9 | C. Brea | 15Jul | 8 | S. Tregunna | N/P | 17.5 | C. Brea | 22Ap |
| 9 | Trewirgie School | | 68.5 | C. Brea | 15Jul | 9 | A. Sewell | CAC | 17.7 | C. Brea | 22Ap |
| 10 | Newquay/Par AC 'B' | | 68.7 | C. Brea | 22Apr | | | | | | |
| Long Jump | | | | | | High Jump | | | | | |
| | | CR *** | 4-81 | | | | | CR *** | 1-50 | | |
| 1 | E. Tugwell | CAC | 4-18 | Bas'toke | 18Aug | 1 | E. Tugwell | CAC | 1-46 | C. Brea | 15Ju |
| 2 | T. Cothey | CAC | 4-11 | Bas'toke | 18Aug | 2 | V. Brown | N/P | 1-30 | Par | 16Sa |
| 3 | T. Chard | POLW | 4-08 | Par | 7Jul | 3 | K. Kendall | N/P | 1-25 | C. Brea | 15Ju |
| 4 | T. Tregunna | N/P | 4-02 | Plymouth | 1Apr | 4 | E. Dowding | CAC | 1-15 | C. Brea | 15Ju |
| 5 | V. Brown | N/P | 4-00 | C. Brea | 2Sep | 4 | T. Tregunna | N/P | 1-15 | C. Brea | 15Ju |
| 6 | L. Mathews | CAC | 3-95 | C. Brea | 2Sep | 6 | C. Cheetham | POL. S | 1-10 | Par | 20Ma |
| 7 | A. Morris | CAC | 3-94 | Par | 7Jul | 6 | T. Cothey | CAC | 1-10 | Par | 16Se |
| 8 | L. Rush | WADE | 3-86 | Par | 7Jul | 8 | R. Grant | PEN. S | 1-05 | Par | 20Ma |
| 9 | G. Rooth | R. LAND | 3-74 | C. Brea | 15Jul | 8 | R. Warren | RED. S | 1-05 | Par | 20Ma |
| 9 | T. Mitchell | CAC | 3-71 | Par | 16Sep | 8 | L. Bolton | N/P | 1-05 | Par | 24Ju |
| | | | | | | 8 | N. Allen | N/P | 1-05 | Braunton | 5Au |

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MINORS Cont'd;

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|--------------------------------|-------------|------|------|---------|-------|-----------------------------------|-------------|---------|-------|----------|------|
| Shot 3.25kg CR *** 8-07 | | | | | | Discus 1kg CR *** 20-18 | | | | | |
| 1 | J. Honour | CAC | 8-07 | C. Brea | 5 Aug | 1 | J. Honour | CAC | 18-24 | Ealing | 8Se |
| 2 | E. Tugwell | CAC | 5-96 | Par | 16Sep | 2 | V. Brown | N/P | 13-34 | Braunton | 5A |
| 3 | V. Brown | N/P | 5-94 | Par | 16Sep | 75mHurdles | | | | | |
| 4 | E. Dowding | CAC | 5-88 | Par | 8Apr | 1 | N. Palmer | R. LAND | 15.8 | C. Brea | 15Ju |
| 5 | T. Cothey | CAC | 5-81 | Par | 16Sep | 2 | T. Tregunna | N/P | 15.9 | Par | 8Se |
| 6 | K. Kendall | N/P | 5-46 | Par | 16Sep | 3 | L. Bolton | N/P | 16.5 | C. Brea | 15Ju |
| 7 | L. Mourant | CAC | 5-25 | Par | 16Sep | Javelin 600gr CR *** 30-30 | | | | | |
| 8 | T. Mitchell | CAC | 4-90 | Par | 16Sep | | | | | | |
| 9 | J. Isbell | N/P | 4-71 | C. Brea | 2Sep | | | | | | |
| 10 | T. Tregunna | N/P | 4-58 | Par | 16Sep | | | | | | |

GIRLS

| | | | | | | | | | | | |
|--------------------------------|---------------|----------|--------|----------|-------|--|-----------------|---------|--------|----------|-------|
| 100m CR *** 12.7 | | | | | | 200m CR *** 26.3 | | | | | |
| 1 | J. Joslin | N/P | 13.2 | C. Brea | 15Jul | 1 | J. Joslin | N/P | 27.3 | C. Brea | 15Ju |
| 2 | L. Holmes | CAC | 13.4 | Plymouth | 5May | 2 | J. Williams | CAC | 27.5 | Plymouth | 5Me |
| 3 | Z. Richards | N/P | 13.6 | Plymouth | 1Apr | 2 | Z. Richards | N/P | 27.5 | Plymouth | 8Ju |
| 3 | J. O'Brien | CAC | 13.6 | ?? | ?? | 4 | L. Holmes | CAC | 27.9 | Yeovil | 16Ju |
| 5 | C. Richards | CAC | 14.1 | C. Brea | 9Jun | 5 | S. Webb | CAC | 28.6 | Plymouth | 5Me |
| 5 | S. Webb | CAC | 14.1 | C. Brea | 9Jun | 6 | J. Gardner | PENR. S | 29.2 | C. Brea | 9Ju |
| 5 | H. Leyton | R. LAND | 14.1 | Par | 7Jul | 7 | L. Dowding | CAC | 29.5 | C. Brea | 22Apr |
| 8 | L. Dowding | CAC | 14.2 | Plymouth | 5May | 8 | N. Corcoran | CAC | 29.6 | C. Brea | 22Apr |
| 8 | J. Jones | ? | 14.2 | C. Brea | 9Jun | 8 | J. O'Brien | CAC | 29.6 | Bas'toke | 28Apr |
| 8 | S. Ahern | CAC | 14.2 | C. Brea | 15Jul | 8 | S. Ahern | CAC | 29.6 | C. Brea | 15Ju |
| 800m CR *** 2-17.2 | | | | | | 1500m CR *** 4-29.9 | | | | | |
| 1 | J. Williams | CAC | 2-20.1 | Bas'toke | 28Apr | 1 | J. Williams | CAC | 4-43.9 | Derby | 13Ju |
| 2 | S. Webb | CAC | 2-24.5 | Yeovil | 16Jun | 2 | M. Low | CAC | 5-00.9 | C. Brea | 2Se |
| 3 | J. Walkey | CAC | 2-28.1 | Yeovil | 26May | 3 | S. Richards | N/P | 5-06.9 | Braunton | 17Ju |
| 4 | S. Richards | N/P | 2-31.8 | Yeovil | 19Aug | 4 | K. Rhurmund | CAC | 5-10.0 | Par | 20Me |
| 5 | K. Martin | CAC | 2-34.3 | Andover | 21Jul | 5 | J. James | N/P | 5-14.8 | Plymouth | 5Me |
| 6 | J. Elton | CAC | 2-37.8 | C. Brea | 5Aug | 6 | J. Elton | CAC | 5-18.8 | Yeovil | 26Me |
| 7 | C. Murrell | N/P | 2-38.2 | C. Brea | 22Apr | 7 | M. Giddings | LAC | 5-21.0 | Braunton | 10Ju |
| 8 | M. Low | CAC | 2-38.6 | C. Brea | 22Apr | 8 | K. Martin | CAC | 5-22.4 | Bas'toke | 18Au |
| 9 | K. Richards | ? | 2-39.3 | C. Brea | 9Jun | 9 | J. McCombie | PENR. S | 5-23.8 | Par | 20Me |
| 10 | J. James | N/P | 2-39.6 | Yeovil | 27May | 10 | C. Murrell | N/P | 5-32.2 | Braunton | 17Ju |
| 75m Hurdles CR *** 11.6 | | | | | | 4x100m Relay CR *** 51.9 club(52.5) | | | | | |
| 1 | J. Richardson | TRURO. S | 12.08 | Derby | 13Jul | 1 | County Rep | | 52.3 | Yeovil | 16Ju |
| 2 | C. Richards | CAC | 12.5 | C. Brea | 9Jun | 2 | Cornwall AC | | 54.2 | Andover | 21Ju |
| 3 | N. Corcoran | CAC | 12.9 | Plymouth | 5May | 3 | Newquay/Par AC | | 55.6 | Plymouth | 8Ju |
| 4 | C. Fraser | PENR. S | 13.0 | C. Brea | 9Jun | 4 | Penair Sch | | 56.7 | C. Brea | 9Ju |
| 5 | J. Williams | CAC | 13.4 | Yeovil | 24Jun | 5 | Cornwall AC 'B' | | 57.0 | C. Brea | 2Se |
| 5 | L. Dowding | CAC | 13.4 | C. Brea | 15Jul | 6 | Penrice Sch | | 57.1 | C. Brea | 9Ju |
| 5 | S. Webb | CAC | 13.4 | C. Brea | 5Aug | 7 | Poltair School | | 58.4 | Par | 7Ju |
| 8 | S. Keast | N/P | 13.5 | Par | 7Jul | 8 | Camborne Sch | | 58.6 | C. Brea | 9Ju |
| 9 | J. Locket | WAD. S | 14.0 | C. Brea | 9Jun | 9 | Mullion Sch | | 58.8 | C. Brea | 9Ju |

CORNWALL AAA RANKINGS SEPTEMBER 1990

GIRLS CONT'D;

no name club perf venue date no name club perf venue date

Long Jump CR *** 5-18

1 J. Williams CAC 4-82 Yeovil 24Jun
 2 L. Dowding CAC 4-78 Yeovil 24Jun
 3 J. Joslin N/P 4-70 Tooting 21Jul
 4 N. Corcoran CAC 4-39 Andover 21Jul
 5 C. Bramley N/P 4-34 Plymouth 1Apr
 6 J. Gardner PENR.S 4-21 C. Brea 9Jun
 7 J. Waters ? 4-16 C. Brea 9Jun
 8 S. Webb CAC 4-15 Plymouth 1Apr
 9 S. Burrows TREV 4-14 Par 7Jul
 9 H. McQueen R. LAND 4-14 Par 7Jul

High Jump CR *** 1-58

1 J. Williams CAC 1-53 Yeovil 24Jun
 2 K. Dancer N/P 1-41 Crawley 30Jun
 3 N. Robertson? 1-35 C. Brea 9Jun
 3 Z. Richards N/P 1-35 C. Brea 28Sep
 5 S. Keast N/P 1-30 Yeovil 27May
 5 S. Webb CAC 1-30 C. Brea 15Jun
 7 E. Potter N/P 1-25 Par 8Sep
 8 J. RichardsonTRURO 1-23 Yeovil 24Jun
 9 J. Elton CAC 1-20 Par 8Apr
 9 H. Sewell CAC 1-20 Par 8Apr
 9 J. Ball ? 1-20 C. Brea 9Jun
 9 L. Dowding CAC 1-20 Yeovil 24Jun
 9 T. Pomeroy CAC 1-20 C. Brea 15Jun
 9 C. Murrell N/P 1-20 Par 16Sep
 9 N. Corcoran CAC 1-20 Par 16Sep
 9 J. James N/P 1-20 Par 16Sep

Discus 1kg CR *** 27-94

1 M. Channock ? 22-26 C. Brea 9Jun
 2 M. Burrows TAVAC 21-58 Braunton 17Jun
 3 T. Trevaskis CAC 21-16 Ealing 8Sep
 4 L. Tonkin Duc 21-12 C. Brea 9Jun
 5 S. Richards N/P 21-00 C. Brea 9Jun
 6 K. Leyland ? 20-76 C. Brea 9Jun
 7 A. Tancock ? 20-24 C. Brea 9Jun
 8 E. Date ? 19-50 C. Brea 9Jun
 9 A. Nicholls R. LAND 19-40 Par 7Jul
 10 A. Hill PEN.S 17-58 Par 20May

Javelin 600gr CR *** 39-74

1 S. Keast N/P 27-36 Par 8Sep
 2 M. Burrows TAV 26-60 Richmond 28Apr
 3 M. Short CAC 22-64 Bas'toke 18Apr
 4 C. Rowlands ? 22-56 C. Brea 9Jun
 5 J. Hatton ? 22-30 C. Brea 9Jun
 6 J. James N/P 22-06 Braunton 5Apr
 7 C. Bowers CAC 20-58 Par 20May
 8 J. Williams CAC 20-38 Bas'toke 28Apr
 9 T. Trevaskis CAC 19-15 Bas'toke 18Apr
 10 D. Wood POOL 17-76 Par 7Jul

Shot 3.25kg CR *** 11-24

1 M. Burrows TAVAC 9-29 Hendon 1Sep
 2 Z. Richards N/P 9-08 Par 16Sep
 3 C. Tilsley ? 8-86 C. Brea 9Jun
 4 A. Trickey ? 8-64 C. Brea 9Jun
 5 S. Richards N/P 8-46 C. Brea 22Apr
 6 J. Williams CAC 8-38 Yeovil 24Jun
 7 V. Clarke PEN.S 7-95 Par 20May
 8 C. Hancock N/P 7-82 Par 7Jul
 9 T. Trevaskis CAC 7-62 Andover 21Jul
 10 J. Bolton LISK 7-51 Par 7Jul

Pentathlon

1 J. Williams CAC 2887 Yeovil 24Jun
 2 L. Dowding CAC 2122 Yeovil 24Jun
 3 J. RichardsonTRURO 1990 Yeovil 24Jun
 4 S. Webb CAC 1968 Yeovil 24Jun

CORNWALL AAA RANKINGS SEPTEMBER 1990

INTERMEDIATE LADIES

| no | name | club | perf | venue | date | no | name | club | perf | venue | date |
|---------------------|-------------|-----------|--------|----------|-------|---------------------|-------------|--------|---------|-----------|-------|
| 100m | | | | | | 200m | | | | | |
| | | CR *** | 12.5 | | | | | CR *** | 25.7 | | |
| 1 | B. McGregor | LAC | 12.7w | Braunton | 1Jul | 1 | B. McGregor | LAC | 26.8w | Braunton | 1Jul |
| 2 | A. Guy | N/P | 13.2 | C. Brea | 9Jun | 2 | H. Martin | PLYAC | 27.2 | Plymouth | 5May |
| 3 | S. Toms | N/P | 13.3 | C. Brea | 9Jun | 3 | K. Winch | PLYAC | 27.3 | Plymouth | 5May |
| 3 | C. Brown | CAC | 13.3 | Andover | 21Jul | 4 | A. Guy | N/P | 27.4 | Yeovil | 24Jun |
| 5 | H. Martin | PLYAC | 13.4 | Plymouth | 5May | 4 | H. Hosking | CAC | 27.4 | Swansea | 26Aug |
| 5 | K. Rose | CAC | 13.4 | Plymouth | 5May | 6 | D. Nott | CAC | 27.6 | Plymouth | 5May |
| 5 | A. Shephard | SIR. J. S | 13.4 | C. Brea | 9Jun | 6 | K. Rose | CAC | 27.6 | Plymouth | 5May |
| 8 | K. Taylor | PEN. S | 13.6 | C. Brea | 9Jun | 8 | C. Brown | CAC | 27.9 | C. Brea | 5Aug |
| 9 | C. Hilless | CAC | 13.7 | Andover | 21Jul | 9 | N. Callan | CAC | 28.1 | Andover | 21Jul |
| 10 | K. Lambert | N/P | 13.8 | Yeovil | 19Aug | 10 | C. Hilless | CAC | 28.5 | Plymouth | 1Apr |
| 400m | | | | | | 800m | | | | | |
| | | CR *** | 59.2 | | | | | CR *** | 2-18.1 | | |
| 1 | H. Martin | PLYAC | 59.2 | Plymouth | 20May | 1 | H. Martin | PLYAC | 2-14.8 | Reading | 10Jun |
| 1 | H. Hosking | CAC | 59.2 | Yeovil | 29Jul | 2 | S. Salmon | N/P | 2-18.4 | Yeovil | 29Jul |
| 3 | S. Salmon | N/P | 62.2 | Plymouth | 5May | 3 | H. Hosking | CAC | 2-19.0 | Swansea | 26Aug |
| 4 | N. Callan | CAC | 63.8 | Bas'toke | 28Apr | 4 | C. Seddon | PEN. S | 2-38.6 | C. Brea | 9Jun |
| 5 | D. Nott | CAC | 64.6 | Plymouth | 5May | 5 | A. Guy | N/P | 2-41.1 | Yeovil | 24Jun |
| 6 | J. Bedwell | TAVAC | 66.5 | Plymouth | 5May | 6 | C. Nolan | N/P | 2-43.7 | Bir'ham | 16Sep |
| 7 | H. Hughes | MULL. S | 70.2 | C. Brea | 9Jun | 7 | K. Price | N/P | 2-47.2 | Bas'toke | 26May |
| 8 | K. Price | N/P | 71.0 | Bas'toke | 26May | 8 | C. Brown | CAC | 2-51.3 | Bas'toke | 18Aug |
| 9 | S. Harris | N/P | 73.7 | Plymouth | 1Apr | 9 | J. James | N/P | 2-56.2 | Yeovil | 27May |
| 10 | | | | | | 10 | S. Harris | N/P | 2-59.6 | Vale Farm | 28Apr |
| 1500m | | | | | | 3000m | | | | | |
| | | CR *** | 4-38.9 | | | | | CR *** | 10-19.3 | | |
| 1 | H. Martin | PLYAC | 4-40.6 | Dartford | 21Jul | 1 | S. Salmon | N/P | 10-19.3 | Horsham | 11Aug |
| 2 | S. Salmon | N/P | 4-44.6 | Derby | 14Jul | 2 | B. Gronow | CAC | 10-34.3 | Ealing | 8Sep |
| 3 | H. Hosking | CAC | 4-54.5 | Plymouth | 14May | 3 | J. Lean | PLYAC | 10-59.8 | Bromley | 18Aug |
| 4 | B. Gronow | CAC | 5-05.0 | C. Brea | 22Apr | | | | | | |
| 5 | J. Lean | PLYAC | 5-05.8 | Horsham | 11Aug | | | | | | |
| 6 | K. Allensby | ST. JOS | 5-25.6 | C. Brea | 9Jun | | | | | | |
| 7 | K. Price | N/P | 5-48.2 | Par | 20May | | | | | | |
| 8 | J. James | N/P | 5-49.2 | Par | 8Sep | | | | | | |
| 80m Hurdles | | | | | | 100m Hurdles | | | | | |
| | | CR *** | 11.8 | | | | | CR *** | 14.6 | | |
| 1 | A. Guy | N/P | 12.2 | Yeovil | 24Jun | 1 | K. Winch | PLYAC | 17.4 | Bo'mouth | 26May |
| 2 | K. Winch | PLYAC | 12.5 | Plymouth | 5May | 2 | C. Brown | CAC | 18.8 | Ealing | 8Sep |
| 3 | C. Brown | CAC | 13.5 | Yeovil | 24Jun | 3 | S. Toms | N/P | 18.9 | Bo'mouth | 18Aug |
| 3 | A. Shephard | SIR. J. S | 13.5 | C. Brea | 9Jun | 4 | C. Nolan | N/P | 20.3 | Crawley | 30Jun |
| 5 | C. Nolan | N/P | 15.9 | Yeovil | 24Jun | 5 | C. Hilless | CAC | 21.2 | Andover | 21Jul |
| 6 | K. Lambert | N/P | 16.3 | Yeovil | 24Jun | 6 | L. Williams | CAC | 22.3 | Bas'toke | 18Aug |
| 7 | A. Smyth | PEN. S | 16.6 | C. Brea | 9Jun | 7 | K. Rose | CAC | 26.5 | C. Brea | 30Jun |
| 300m Hurdles | | | | | | 400m Hurdles | | | | | |
| | | | | | | | | CR *** | 67.7 | | |
| 1 | K. Winch | PLYAC | 45.7 | Derby | 13Jul | 1 | K. Winch | PLYAC | 67.3 | Bo'mouth | 8Sep |
| | | | | | | 2 | N. Callan | CAC | 74.5 | Ealing | 8Sep |
| | | | | | | 3 | K. Rose | CAC | 77.9 | C. Brea | 30Jun |

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INTERMEDIATE LADIES Cont'd:

no name club perf venue date no name club perf venue date

4x100m Relay CR *** 50.5 club(51.4)

| | | | | | | | |
|-------------------|------|----------|-------|----------------|------|---------|----|
| 1 County Rep | 51.4 | Yeovil | 16Jun | 6 Mullion Sch | 56.4 | C. Brea | 9J |
| 2 Cornwall AC | 54.3 | C. Brea | 2Sep | 7 Penrice Sch | 56.7 | C. Brea | 9J |
| 3 Newquay/Par AC | 55.7 | Bas'toke | 26May | 8 St. Ives Sch | 57.0 | C. Brea | 9J |
| 4 Penair Sch | 55.8 | C. Brea | 9Jun | 9 Camborne Sch | 58.9 | C. Brea | 9J |
| 5 Roseland School | 55.9 | C. Brea | 9Jun | | | | |

Long Jump CR *** 5-70

| | | | | |
|---------------|---------|------|----------|-------|
| 1 A. Guy | N/P | 5-15 | Yeovil | 24Jun |
| 2 K. Winch | PLYAC | 5-09 | Yeovil | 29Jul |
| 3 S. Toms | N/P | 4-96 | C. Brea | 9Jun |
| 4 C. Brown | CAC | 4-91 | Bir'ham | 16Sep |
| 5 K. Lambert | N/P | 4-84 | Bir'ham | 16Sep |
| 6 C. Nolan | N/P | 4-81 | C. Brea | 9Jun |
| 7 N. Callan | CAC | 4-78 | C. Brea | 9Jun |
| 7 B. McGregor | LAC | 4-78 | Braunton | 10Jun |
| 9 K. Homewood | MULL. S | 4-54 | C. Brea | 9Jun |
| 10 S. Salmon | N/P | 3-75 | Par | 16Sep |

High Jump CR *** 1-66

| | | | | |
|----------------|----------|------|----------|-------|
| 1 A. Guy | N/P | 1-54 | Yeovil | 24Jun |
| 2 C. Nolan | N/P | 1-45 | Yeovil | 24Jun |
| 3 S. Toms | N/P | 1-41 | Ro'mouth | 18Aug |
| 4 F. Anderson | ST. IVES | 1-40 | C. Brea | 9Jun |
| 4 J. Sweet | ? | 1-40 | C. Brea | 9Jun |
| 4 N. Callan | CAC | 1-40 | Ealing | 3Sep |
| 7 V. Gilbert | ? | 1-35 | C. Brea | 9Jun |
| 8 K. Lambert | N/P | 1-32 | Bir'ham | 16Sep |
| 9 C. Brown | CAC | 1-30 | Yeovil | 24Jun |
| 10 B. McGregor | LAC | 1-20 | C. Brea | 2Sep |
| 10 S. Salmon | N/P | 1-20 | Par | 16Sep |

Discus 1kg CR *** 32-20

| | | | | |
|-------------|----------|-------|----------|-------|
| 1 C. Salmon | PEN. S | 26-00 | C. Brea | 9Jun |
| 2 S. Brown | PLYAC | 25-32 | Plymouth | 13May |
| 3 K. Jenkin | HAYLE | 24-95 | C. Brea | 9Jun |
| 4 L. Joslin | N/P | 24-12 | C. Brea | 2Sep |
| 5 K. Rose | CAC | 23-80 | C. Brea | 5Aug |
| 6 C. Tonkin | CAC | 23-08 | C. Brea | 9Jun |
| 7 C. Hoare | CALL. S | 22-78 | C. Brea | 9Jun |
| 8 B. Culver | ST. IVES | 21-64 | C. Brea | 9Jun |
| 9 A. Guy | N/P | 20-56 | Bas'toke | 26May |
| 10 J. James | N/P | 19-36 | Par | 8Sep |

Javelin 600gr CR *** 40-20

| | | | | |
|---------------|---------|-------|---------|-------|
| 1 K. Rodda | CAC | 30-40 | Yeovil | 16Jun |
| 2 A. Guy | N/P | 27-14 | Yeovil | 24Jun |
| 3 L. Williams | CAC | 25-54 | C. Brea | 5Aug |
| 4 S. Downing | H. DAVY | 25-28 | C. Brea | 9Jun |
| 5 A. Smyth | PEN. S | 24-10 | C. Brea | 9Jun |
| 6 C. Brown | CAC | 21-80 | Bir'ham | 16Sep |
| 7 C. Nolan | N/P | 18-60 | Par | 8Aug |
| 8 K. Lambert | N/P | 17-96 | Bir'ham | 16Sep |
| 9 A. Roberts | CAC | 15-46 | C. Brea | 22Aug |
| 10 L. Joslin | N/P | 14-12 | Tooting | 21Jun |

Shot 4kg CR *** 10-72

| | | | | |
|--------------|----------|------|----------|-------|
| 1 S. Brown | PLYAC | 9-53 | Plymouth | 13May |
| 2 K. Rodda | CAC | 9-44 | C. Brea | 9Jun |
| 3 B. Culver | ST. IVES | 9-10 | C. Brea | 9Jun |
| 4 C. Brown | CAC | 8-21 | C. Brea | 2Sep |
| 5 K. Jenkin | HAYLE | 8-12 | C. Brea | 9Jun |
| 6 A. Guy | N/P | 8-01 | Yeovil | 24Jun |
| 7 C. Salmon | PEN. S | 7-65 | Par | 20May |
| 8 K. Rose | CAC | 7-49 | Andover | 21Jul |
| 9 J. James | N/P | 7-16 | C., Brea | 2Sep |
| 10 L. Joslin | N/P | 6-94 | Horsham | 11Aug |

Heptathlon

| | | | | |
|--------------|-----|------|---------|-------|
| 1 A. Guy | N/P | 4082 | Yeovil | 24Jun |
| 2 C. Brown | CAC | 3364 | Bir'ham | 1568 |
| 3 C. Nolan | N/P | 2908 | Yeovil | 24Jun |
| 4 K. Lambert | N/P | 2761 | Bir'ham | 16Sep |

CORNWALL AAA RANKINGS SEPTEMBER 1990

SENIOR LADIES (Junior Ladies shown *)

no name club perf venue date no name club perf venue ds

100m CR +++ 12.0 * 12.3

1 J. Brett PLYAC 12.4 Plymouth 13May
 1*L. Barnett CAC 12.4 C. Brea 5Aug
 3*S. Jackson CAC 13.4 Par 8Apr
 4*I. Townsend ? 14.8 C. Brea 9Jun

200m CR +++ 25.0 * 25.7

1*L. Barnett CAC 26.3 C. Brea 5
 2*S. Gill CAC 26.9 Horsham 11
 3*J. Cleverley N/P 27.6 Yeovil 24
 4*S. Jackson CAC 27.8 C. Brea 5
 5 B. Lock CAC 28.8 Par 10
 6*V. Cook N/P 32.9 Braunton 17

400m CR +++ 56.8 * 56.8

1*J. Cleverley N/P 61.3 Yeovil 16Jun
 2*S. Gill CAC 61.4 Yeovil 29Jul
 3. Lock CAC 63.1 Solihull 12Aug
 4*E. Pritchard? 70.2 C. Brea 9Jun
 5*A. Kinsey St. Cla 71.6 Par 20May
 6*R. Thomas St. Cla 72.6 C. Brea 9Jun

800m CR +++ 2-08.7 * 2-26.1

1 B. Lock CAC 2-21.5 Bas'toke 18
 2*J. Cleverley N/P 2-41.2 Yeovil 24

1500m CR +++ 4-27.0 * 5-03.0

1 C. Rawlings CAC 5-18.0 Bas'toke 18Aug
 2 A. Newall CAC 5-25.8 Andover 21Jul

3000m CR +++ 9-36.94 * 10-27.

1 M. Sutton PLYAC 9-36.94 Bir'ham 4
 2 C. Rawlings CAC 11-01.1 Yeovil 26
 3 T. Chapple CAC 11-07.6 C. Brea 30
 4*A. Newall CAC 11-34.0 Par 20
 5*E. Wilson ? 11-41.5 C. Brea 9

100m Hurdles CR +++ 13.86 * 15.1

1 J. Brett PLYAC 13.9w Yeovil 29Jul
 2*J. Cleverley N/P 18.1 Yeovil 24Jun
 L. Barnett CAC 20.0 Ealing 8Sep

400m Hurdles CR +++ 65.2 * 66.8

4x100m Relay CR +++ 49.8 club(50.4)

1 County Select 49.8 Yeovil 29Jul
 2 Cornwall AC 51.6 Andover 21Jul
 3 Newquay/Par AC 59.3 Par 8Sep

4x400m Relay CR +++ 4-06.9

1 Cornwall AC 4-11.4 Yeovil 26
 2 County Select 4-15.2 Yeovil 29
 3 Newquay/Par AC 5-00.7 Par 8

Long Jump CR +++ 5-63 * 5-63

1*L. Barnett CAC 5-63 Horsham 11Aug
 2 J. Brett PLYAC 4-97 Plymouth 4Aug
 3*S. Jackson CAC 4-67 C. Brea 5Aug
 4 J. Lyodd CAC 4-47 C. Brea 5Aug
 5*J. Cleverley N/P 4-30 Yeovil 24Jun

High Jump CR +++ 1-66 * 1-66

1*L. Barnett CAC 1-40 Yeovil 26
 1 J. Brett PLYAC 1-40 Plymouth 4
 3*J. Cleverley N/P 1-39 Yeovil 24
 4*A. Kinsey St. C 1-35 Par 20
 5*S. Jackson CAC 1-20 Yeovil 26

CORNWALL AAA RANKINGS SEPTEMBER 1990

SENIOR LADIES Contd: (Junior Ladies shown *)

| no | name | club | perf | venue | date | no | name | club | perf | venue | date |
|-------------------|--------------|-------|------|-------|----------------|----------------------|---------------|-------|------|----------|----------------|
| Discus 1kg | | | | | | Javelin 600gr | | | | | |
| | | CR | +++ | 40-08 | * 33-82 | | | CR | +++ | 40-40 | * 40-40 |
| 1 | S. Moulton | CAC | | 33-82 | Bas'toke 28Apr | 1 | L. Heyes | CAC | | 40-40 | Ealing 8Sep |
| 2 | K. Curnow | CAC | | 33-14 | C. Brea 5Aug | 2 | S. Doughty | CAC | | 35-68 | Yeovil 25May |
| 3 | V. Alexander | LAC | | 27-46 | C. Brea 2Sep | 3 | C. Watkins | CAC | | 35-54 | Par 8 Apr |
| 4 | C. Watkins | CAC | | 23-88 | Par 10Jun | 4 | C. Smith | ? | | 28-18 | C. Brea 9Jun |
| 5 | R. Thomas | St. C | | 23-14 | C. Brea 9Jun | 5 | J. Cleverley | N/P | | 21-74 | Par 20May |
| 6 | S. Doughty | CAC | | 22-48 | Andover 21Jul | 6 | S. Moulton | CAC | | 21-50 | Bas'toke 28Apr |
| 7 | J. Lyodd | CAC | | 20-50 | C. Brea 5Aug | 7 | R. Patterson? | | | 21-40 | C. Brea 9Jun |
| 8 | V. Cook | N/P | | 20-10 | Braunton 17Jun | 8 | J. Brett | PLYAC | | 17-98 | Plymouth 4Aug |
| 9 | L. Heyes | CAC | | 20-08 | Bas'Toke 18Aug | 9 | A. Roberts | CAC | | 17-22 | Andover 21Jul |
| 10 | K. Rodda | CAC | | 18-16 | C. Brea 30Jun | 10 | A. Rogers | CAC | | 14-10 | Bas'toke 28Apr |
| Shot 4kg | | | | | | Heptathlon | | | | | |
| | | CR | +++ | 12-53 | * 9-85 | | | | | | |
| 1 | C. Watkins | CAC | | 9-49 | Par 20May | 1 | J. Cleverley | N/P | | 3181 | Yeovil 24Jun |
| 2 | J. Brett | PLYAC | | 9-19 | Cardiff 8Jul | Triple Jump | | | | | |
| 3 | L. Heyes | CAC | | 8-95 | C. Brea 30Jun | | | | | | |
| 4 | K. Rodda | CAC | | 8-70 | C. Brea 30Jun | 1 | L. Barnett | CAC | | 10-21 | C. Brea 5Aug |
| 5 | S. Moulton | CAC | | 8-10 | Par 8 Apr | 5000m | | | | | |
| 6 | V. Cook | N/P | | 7-98 | Braunton 17Jun | | | | | | |
| 7 | V. Alexander | LAC | | 7-67 | C. Brea 5Aug | | | | | | |
| 8 | J. Cleverley | N/P | | 6-98 | Yeovil 24Jun | | | | | | |
| 9 | S. Doughty | CAC | | 6-97 | Andover 21Jul | 1 | M. sutton | PLYAC | | 16-43.66 | Bromley 22 Aug |
| 10 | J. Lyodd | CAC | | 6-09 | C. Brea 5Aug | | | | | | |

10000m

1 M. sutton PLYAC 34.53.5 *Portsmouth 22.50*